



# **The Yeast Syndrome: How to Help Your Doctor Identify & Treat the Real Cause of Your Yeast-Related Illness**

*John P. Trowbridge, Morton Walker*

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The most complete and up-to-date book on the epidemic affecting 80 million American men, women, and children.

How to recognize the symptoms, why many doctors do not diagnose yeast infections, and how to bring it to your doctor's attention.

Eleven questionnaires to determine your risk of a yeast-related disorder.

The many causes of the yeast syndrome -- and how to avoid them.

The most up-to-date laboratory diagnostic tests and anti-yeast therapies.

The yeast-control diet -- recommended foods, and a complete seven-day menu. Plus, how anti-yeast treatments help patients with multiple sclerosis, arthritis, lupus, hypoglycemia, and other "untreatable" illnesses.

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