



Multiple Personality, Allied Disorders and Hypnosis

Eugene L. Bliss

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Since the time of Mesmer, in the late eighteenth century, spectacular feats of hypnosis have been documented by respected scientific researchers, yet hypnosis has remained divorced from the main body of science. In this groundbreaking work, Dr. Eugene Bliss shows that the hypnotic capability of the mind is important to the theory and practice of psychiatry, and suggests that it deserves much more attention and research. In *Multiple Personality, Allied Disorders and Hypnosis*, Bliss explores both the nature of multiple personality and hypnosis, and discusses how an understanding of the latter can provide insight into the nature of certain psychiatric disorders. For instance, he views multiple personality as a form of self-hypnosis, an instance of learned schizophrenia rather than an organic disorder, as is generally thought. He outlines the trace elements involved in multiple personality and other psychiatric disorders, provides a fascinating history of the origins and current ideas about hypnosis, and gives a detailed account of the use of hypnosis in the treatment of multiple personality. Based on thirty years of clinical experience, and filled with insightful personal observations, *Multiple Personality, Allied Disorders and Hypnosis* is an informative, fascinating book for psychiatrists, psychologists, and anyone intrigued by hypnosis and its possible beneficial use.

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Brandi Johnson:

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