



# How to Make the Rest of Your Life the Best of Your Life

*Art Linkletter, Mark Victor Hansen*

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## **Baby Boomer Alert**

Get ready for the *next* prime of your life!

*Today we're living so much longer and more productively that age sixty has truly become the new age forty—the prime of life when our careers are in full swing, our minds are at their most creative, and our passions burn their hottest.* -Mark Victor Hansen and Art Linkletter

So how do we ensure that our bodies remain fit, our minds alert and creative, our finances stable—even growing-throughout our senior years? TV icon Art Linkletter (incredibly active in several enterprises at the age of 94) and *Chicken Soup for the Soul*® cocreator Mark Victor Hansen team up to show us how.

Much more than a pep talk about maintaining a youthful attitude in our Second Prime, *How to Make the Rest of Your Life the Best of Your Life* provides tools we can *use*: strategies, self-tests, worksheets and resources, plus dozens of inspiring stories and humorous anecdotes. Woven together by the authors' own invincible spirits, these empowering principles come alive as Hansen and Linkletter motivate us to find greater purpose and passion in what we do, making the rest of our lives the *best* ever.

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