



Solving the Interstitial Cystitis Puzzle: A Guide to Natural Healing

Amrit Willis

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Solving the Interstitial Cystitis Puzzle: A Guide to Natural Healing Amrit Willis

I overcame interstitial cystitis. You can, too. This book outlines my discovery and recovery from interstitial cystitis. I discovered I had an acid-alkali imbalance and this knowledge led me on my path to recovery. Without medications and painful medical procedures, I have regained my life naturally and holistically by following a few simple guidelines.

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