

Pediatric Obesity: Prevention, Intervention, and Treatment Strategies for Primary Care

Sandra G. Hassink



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This all-new pediatric obesity manual brings you quick, convenient access to the latest and best practice recommendations on obesity prevention, intervention, and treatment. This practical, user-friendly guide includes worksheets, questionnaires, and other interactive tools to help you aid parents in developing a plan to help their child safely reach and maintain a healthy weight. This guide brings you numerous real-life case studies illustrating family intervention strategies; health supervision visit guidance for prevention, early intervention, and treatment for the at-risk child; 12 new patient education handouts, self-assessment forms, and counseling for pediatric patients and families; coding fact sheets for obesity-related health care services and template letters for handling carrier denials; current policies and practice recommendations from the AAP, including, "Active Healthy Living: Prevention of Childhood Obesity Through Increased Physical Activity"; and 10 growth charts for boys and girls, including charts birth to 36 months, 2 to 20 years with body mass index-for-age percentiles, and weight-for-stature percentiles. "This outstanding manual should be part of the library of any pediatrician or primary care physician dealing with problems of childhood obesity." Douglas Moodie, MD, Ochsner Clinic Foundation, Doody's Review.



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