



A Month of Italy: Rediscovering the Art of Vacation

Chris Brady

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This story is one of going slow in order to go fast; it's about rediscovering and bringing back into favor a lost art, namely the art of vacation, and it is—or rather should be—a story about you.

New York Times best-selling author Chris Brady demonstrates for readers the art of taking strategic, proper, restorative vacations that reinvigorate one for greater clarity of thought and increased productivity. He combines wit and wisdom to detail the adventures of his family's month-long sabbatical and charms readers with anecdotes of alluring Italy's people, culture, landscape, scenery, art, history, and food. Grab your copy today and be inspired to take your own "radical sabbatical"!

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