



The Volunteer Soccer Coach: 75 Training Games for Outstanding Attacking Play

James Jordan

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Are you a volunteer soccer coach with a full time job outside football? Then this book is for you! Minimizing jargon and looking to maximize the limited contact time you have with your players, The Volunteer Soccer Coach is a must-read practical book for coaches of all levels.

Utilising a game-based approach to soccer – where individuals actually play games rather than growing old in semi-static drills – author James Jordan offers 75 cutting-edge exercises across 15 detailed session plans which help players develop an attacking mindset, improve their skills, and, most of all, nurture a love for soccer.

Through his approach, James has won six High School State Championships and one Classic 1 Boys' Club Championship over the past decade. Aimed at coaches of both young male and female players, from 5-18 years of age, and adaptable depending on age group and skill set, each illustrated session plan is organized in an easy-to-understand format and contains the following:

- > A specific topic (e.g., creating opportunities from wide areas).
- > A detailed overview of the session including instructions on setting up the playing field, what players need to do, and scoring outcomes.
- > What players will learn from the session.
- > Coaching points for the session.
- > Guided discovery questions.

The Volunteer Soccer Coach combines game-based soccer concepts with contemporary ideas from educational research on training and preparation to develop players who can think for themselves, execute their skills, and work to a plan. This is not about coaches standing on the touchlines yelling at their youngsters – this is about developing footballers to love and play the game as best they can!

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