



The Art of Aesthetic Surgery: Principles and Techniques

Foad Nahai

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The Art of Aesthetic Surgery: Principles and Techniques is a groundbreaking work in aesthetic surgery with comprehensive, clinical information on the full range of aesthetic treatments and operations. Tissue Fillers, Skin Care, Fat Grafting, Body Contouring after Massive Weight Loss Surgery (MWL), Blepharoplasty, Rhinoplasty, Liposuction, Abdominoplasty, Neck Lift, Gluteal Implants, Mastopexy, Reduction Mammoplasty, and Brow Lift are all covered in exquisite detail, as are numerous other topics. Eleven extraordinary chapters are included on rhytidectomy alone. To supplement these 3 comprehensive volumes, 5 DVDs are included. These contain 8 operative videos featuring key techniques discussed in this work. For the aesthetic surgeon interested in providing patients with the latest treatments and procedures, this book and DVD set is a must. It is paced with step-by-step surgical instruction, clinical caveats, and surgical pearls. Dr. Foad Nahai, a renowned leader in aesthetic surgery, has personally written one third of the chapters for this lavishly illustrated 3-volume semi-atlas work and carefully edited the rest. His contributors represent the who's who of aesthetic surgery. Of particular note are the Clinical Decision-Making Chapters authored by Dr. Nahai; these invaluable chapters provide the reader with a unique overview of the various options for each problem along with his preferred solutions. This problem-solving feature, complete with algorithms and case studies, offers readers the expert guidance necessary to sort through the options, understand their advantages and limitations, and select the best option for each patient.

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