



Acorn

Yoko Ono

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“It’s nearly 50 years ago that my book of conceptual instructions *Grapefruit* was first published. In these pages I’m picking up where I left off. After each day of sharing the instructions you should feel free to question, discuss, and/or report what your mind tells you. I’m just planting the seeds. Have fun.” ?Yoko Ono

Legendary avant-garde icon Yoko Ono has inspired generations of artists and performers. In *Acorn*, she offers enchanting and thought-provoking exercises that open our eyes?and all of our senses?to more creative and mindful ways of relating to ourselves, each other, and the planet we cohabit. Throughout this beautifully designed book are 100 black-and-white line drawings by Yoko. Like this legendary woman herself, the book is wildly original, stimulating, and hard to label: Call it purposeful play, call it brain poetry, call it guided motivation, call it Zen-like incantations, call it whatever you want. But read it. *Acorn* may change the way you experience the world.

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Micheal Mata:

Why? Because this Acorn is an unordinary book that the inside of the publication waiting for you to snap that but latter it will jolt you with the secret the idea inside. Reading this book next to it was fantastic author who else write the book in such awesome way makes the content inside of easier to understand, entertaining technique but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of benefits than the other book include such as help improving your expertise and your critical thinking way. So , still want to hold up having that book? If I have been you I will go to the publication store hurriedly.

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