



# **The Parent's Guide to Children's Congenital Heart Defects: What They Are, How to Treat Them, How to Cope with Them**

*Gerri Freid Kramer, Shari Maurer*

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If you have a child with a congenital heart defect (CHD), you have a million questions: How did this happen? What kind of surgery is best? What's life going to be like for my child after surgery? Will problems crop up later? Will the crisis ever end? In **The Parent's Guide to Children's Congenital Heart Defects**, more than thirty leading experts in pediatric cardiology—cardiologists, surgeons, nurses, nutritionists, counselors, and social workers—give detailed answers in plain language to help you learn to live with your child's CHD.

Written by two parents of children with CHD in an easy-to-follow question-and-answer format, this guide brims with the latest information on diagnosis, treatment options, surgery, aftercare, and growing up with CHD, along with the voices of dozens of other parents who have lived through CHD and know what you're going through. In these pages, you'll find the information, empathy, and support you need to care for your child and thrive together.

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