



# **An Advanced Guide to Psychological Thinking: Critical and Historical Perspectives**

*Robert Ausch*

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An Advanced Guide to Psychological Thinking: Critical and Historical Perspectives focuses on several key areas in psychology: learning, the brain, child development, and psychotherapy, and identifies several conceptual tensions that ground psychological understanding of various phenomena. These include a tension between “inside” and “outside,” structure and function, higher and lower, and description and explanation; all have historically generated confusion at the heart of the discipline. As psychology was transformed into the study of consciousness in the late nineteenth century, and the science of behavior in the early twentieth, the disciplines of psychology struggled to distinguish between what was properly inside and what was outside mind, person, and organism as well as what forms the study of these “insides” would take. Additionally, it was unclear how to reconceive the traditional structures of the post-Cartesian mind in the terms of evolutionary functionalism without losing sight of the fact that the mind has its own organization or the historical connection between mind and higher forms of being. Psychology’s influence today, particularly that of post-Freudian therapeutics, has extended far beyond the university, creating a therapeutic sensibility by which Westerners make sense of themselves and their world. *An Advanced Guide to Psychological Thinking* performs the vital task of helping psychology recognize its own foundations.

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