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Barbara Ann Kipfer

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Created by Barbara Ann Kipfer, the author whose books-including *14,000 Things to Be Happy About*, *8,789 Words of Wisdom*, and *The Wish List*-have 1.2 million copies in print, *Instant Karma* is a compulsive, densely packed, chunky little book of 10,000 or so suggestions, wishes, thoughts, and the occasional heartening quotation.

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