

# Transforming Communication: Leading edge professional and personal skills

Dr Richard Bolstad



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Transforming Communication: Leading edge professional and personal skills Dr Richard Bolstad In Transforming Communication, Richard Bolstad combines his knowledge and experience as a communications educator and trainer on 6 continents, to show how a wide range of skills, including Neuro Linguistic Programming, can be applied to create effective communication. This third edition is fully updated with research making it suitable for those taking degree programmes as well as general readers. This book is based on the Transforming Communication training, which has been used as a core module in teaching medical practitioners, nurses, priests and ministers of churches, counsellors, coaches and teachers. It is used to train high school students as peer mediators, and to train University staff for their work in both the classroom and office. It has been used to train the top management of New Zealand Government departments and staff in banks, large international trading organisations and oil companies. Richard has personally taught it to Government functionaries in Beijing, Managers in Tokyo, School Boards in the United States, Government members and police in the Pacific Islands of Samoa, Trainers in Poland, Managers in Egypt and many other groups. The book contains numerous activities to help readers fully integrate the material into their daily interactions, either individually or in a group.



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