



# Bread & Butter The Murders of Polly Frisch

*Cindy Amrhein, Ellen Lea Bachorski*

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In 1856, in the rural town of Alabama, NY one woman's family suffered from multiple unexplained deaths. The town folk grew suspicious of the now remarried Polly Frisch. An investigation commenced, bodies were exhumed, an affair—exposed. Polly would be arrested for the murders of her first husband and daughters. Her fourteen-year-old son would testify against her. If found guilty, the punishment for such a crime was the gallows. Would Polly be the first woman in Genesee County history to be hanged for murder? Bread & Butter is the true story of Polly Frisch who poisoned her family with arsenic and the five trials it took to convict her.

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