

Vivir para amar: Un encuentro con los tesoros de tu mundo interior (Virginia Satir series)

Virginia Satir



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A collection of excerpts from various books, articles, group sessions, and conference papers the author wrote over her lifetime, this work showcases the thinking of a pioneer in the practice of family therapy. Satir believed that therapy was an intense experience of the inner self, which could not only solve pain, but also provide joy and peace of mind.

Recopilados de libros, artículos, fragmentos de algunas sesiones de grupo, y conferencias en la ajetreada vida de Satir, las excerptas en este libro presentan la enorme fortaleza física y espiritual de una de las más reconocidas innovadoras en la práctica de terapia familiar. Satir creyó que la terapia era una experiencia intensa que no solo puede curar el dolor sino también proporcionar paz interior.



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From reader reviews:

Michelle Johnson:

This Vivir para amar: Un encuentro con los tesoros de tu mundo interior (Virginia Satir series) book is not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is actually information inside this reserve incredible fresh, you will get details which is getting deeper an individual read a lot of information you will get. That Vivir para amar: Un encuentro con los tesoros de tu mundo interior (Virginia Satir series) without we recognize teach the one who examining it become critical in thinking and analyzing. Don't possibly be worry Vivir para amar: Un encuentro con los tesoros de tu mundo interior (Virginia Satir series) can bring any time you are and not make your case space or bookshelves' turn out to be full because you can have it in the lovely laptop even phone. This Vivir para amar: Un encuentro con los tesoros de tu mundo interior (Virginia Satir series) having excellent arrangement in word and also layout, so you will not feel uninterested in reading.

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