



Le Cordon Bleu Cuisine Foundations: Classic Recipes, Spanish Edition

The Chefs of Le Cordon Bleu

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Le Cordon Bleu Cuisine Foundations: Classic Recipes, Spanish Edition

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Le Cordon Bleu Cuisine Foundations: Classic Recipes, Spanish Edition The Chefs of Le Cordon Bleu **FUNDAMENTOS DEL ARTE CULINARIO, RECETAS CLÁSICAS** es una colección de 169 recetas que entre todas forman el compendio de mayor autoridad de la técnica culinaria francesa tal como ha sido practicada en los últimos 300 años. Las recetas han sido cuidadosamente seleccionadas por Le Cordon Bleu para que a través de ellas se pueda apreciar la historia y evolución de la técnica culinaria francesa y la fuerte influencia que ejerce sobre los chefs de nuestros días. Las recetas revelan lo que ha tenido influencia en la gastronomía francesa y como las técnicas tradicionales han acogido los nuevos ingredientes y sabores, algo que se puede apreciar en recetas como Champignons a la Turque y Oeufs a la Mexicaine. La colección de Recetas clásicas va más allá de las recetas propiamente dichas y rinde homenaje a las técnicas demostradas y al valor de sus ingredientes. Aquellos que practiquen y lleguen a dominar esas técnicas no solo serán mejores cocineros, sino que también fortalecerán su confianza para que dejen volar su imaginación. Le Cordon Bleu invita a todos a que descubran joyas enterradas, desde el exquisito Potage Julienne D'Arblay hasta la tentadora Tarte au Citron, sin dejar de mencionar el succulento Navarin d'Agneau Printanier. Estos son platos que generación tras generación de chefs han valorado por ser el tipo de comida que llega hasta el alma. Comida bien preparada es buena comida. Bon appetit!

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