

Journal of Holistic Psychology - Volume I: Emerging Therapies

Lauren Gonzalez, Jonathan Reynolds



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Journal of Holistic Psychology - Volume I: Emerging Therapies Lauren Gonzalez, Jonathan Reynolds Have you wondered what psychotherapy and psychology will look like in 20 years?

The answer is already alive in the theories and practice of Holistic Psychology. The Journal of Holistic Psychology: Volume I, Emerging Therapies is the first of a bi-annual collection of research and clinically-based papers as well as experiential essays by emerging and established voices in the fields of psychotherapy, psychology, consciousness studies, nutrition, ecotherapy/ecology, mindfulness, spirituality, expressive arts, and other healing modalities that consider the entire person - body, mind, and spirit. The Journal provides a bellwether of holistic studies while spotlighting the work of the burgeoning community's pioneers, those who guide and one day will represent the leading edge in the respective holistic fields.



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