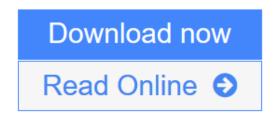


## Janice VanCleave's Food and Nutrition for Every Kid: Easy Activities That Make Learning Science Fun

Janice VanCleave



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Janice VanCleave's Food and Nutrition for Every Kid: Easy Activities That Make Learning Science Fun Janice VanCleave How does milk help me grow?

Where do vitamins come from?

Do carrots really strengthen my eyesight?

Find out these answers-in Janice VanCleave's Food and Nutrition for Every Kid. To the delight of children, parents, and teachers everywhere, America's favorite science teacher brings a welcome addition to the popular Science for Every Kid series. Through fun, safe, and easy-to-do experiments, Janice VanCleave teaches kids ages eight to twelve all about food and nutrition.

Kids can learn about leavening agents by mixing baking soda with vinegar. They'll explore why different sweeteners vary in sweetness, how to use natural food dyes to dye a T-shirt, and what the food pyramid isplus much more.

Each experiment is broken down into a purpose, list of materials, step-by-step instructions, expected results, and explanations that kids can understand. Every project has been tested and can be performed safely and inexpensively using ordinary household materials.

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