



Enjoying A Happier Life Now!: Practical learning, reflections and actions on living a physically, emotionally and spiritually empowered life, while helping others to do the same

Eureka F. Collins (Award-winning Author) Goldia H. George Flora H. Henry and Angelia K. George-Lundy

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"Inspirational, prolific and full of wisdom. These women have provided a timeless volume that is a roadmap to the root causes of happiness and unhappiness. It is a refreshing message."

- J. P. Norris, Senior Pastor

"This is an excellent read! I learned a lot about myself and how to become truly happy. I think everyone who reads this book will learn and grow, becoming immeasurably happy!"

— A. S. Hunter, Clinical Psychologist

"I really enjoyed this book and have some rethinking to do. I am determined to put real happiness back into my life."

— P. Minor, PhD., University Professor

"This book covered a lot of information that will be directly relevant to the reader's life. I found it to be extremely useful. I will be able to apply all of its concepts and principles into my life and help others to do the same."

— G. Collins, Author, *The Leadership Mind*

"This book opened my eyes to how happiness is perceived and what is needed in order to truly enjoy it. Now I have the knowledge and understanding of happiness to live a happier life and to explain its importance to others."

— G. G. Parker, Counselor

Co-authors Eureka F. Collins, Goldia George, Flora H. Henry and Angelia George-Lundy, have written a personal, well-informed, and highly enjoyable book on enjoying a happier life now. The four women teach that happiness isn't some far-fetched concept that cannot be obtained as they commit the knowledge of their combined 243 years of experience to paper. Though everyone desires to be happier, how many of us are really happy? For answer-seekers, this book will show you how to increase your happiness no matter how happy you may think you were when you start reading.

As you read this book, you will soon realize that accomplishments, status, material possessions, and relationships don't have inherent value; then, you may desire to rethink your approach to enjoying life and change the way you motivate yourself. Additionally, this book will help you focus on looking at yourself in

ways that you may have been afraid to before as well as knowing God's plan for your life. Open these pages and start your journey to Enjoying a Happier Life Now!"

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Candace Arroyo:

In this period globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The condition of the world makes the information better to share. You can find a lot of sources to get information example: internet, classifieds, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. The particular book that recommended to your account is Enjoying A Happier Life Now!: Practical learning, reflections and actions on living a physically, emotionally and spiritually empowered life, while helping others to do the same this guide consist a lot of the information on the condition of this world now. This kind of book was represented how can the world has grown up. The terminology styles that writer use for explain it is easy to understand. The writer made some analysis when he makes this book. Honestly, that is why this book appropriate all of you.

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