



College Student-Athletes: Challenges, Opportunities, and Policy Implications (David C. Anchin Research Center Series on Educational Policy)

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This volume is a critical and objective study of the contemporary college student athlete. Framed around the process of recruitment, transition, and support of student athletes in higher education, the volume is a response to societal pressures to reform college athletics. Driven by publicity and the potential for revenue gains, colleges and universities have invested heavily in developing athletic programs, coaches, and facilities. Yet few resources are invested strategically in the personal and intellectual development of student athletes. Written by a team of authors with first-hand experience working with student athletes and transitional programs, the volume argues that institutional attention must be directed at caring for the personal and intellectual growth of student athletes. Highlighting some best-practice curricula and exploring the psychological issues surrounding participating in often highly-competitive athletics, the authors consistently conclude that institutional responsibility is of the utmost and immediate importance. Authors also consider the unique settings of student athletes in community and private liberal arts colleges, demonstrating the broad interest in athletics and institutional competition. The result is an important volume that will be of interest to those who counsel and administer intercollegiate athletic programs, faculty and researchers looking for insightful baseline data on the contemporary student athlete, and those concerned with transitional programs and the future of higher education.

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