



Transitions - A Guide To Transitioning for Transsexuals and Their Families

Mara Drummond

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Having a gender identity that conflicts with one's physical gender is a huge emotional burden. The anxiety, stress and depression that can result from having such a conflict can push a person to the point where everything in life that is held dear is risked to undertake one of the hardest challenges a human being can make: transitioning from one gender to the other. If you have an incongruent gender identity and are considering a gender transition to bring peace to your life, Transitions will help you understand all the implications of the journey you are about to undertake. Transitions will guide you through the transition process from end to end, teaching you how to come out to friends and family, maintain employment, manage transition finances, deal with sex and religion, plan your physical changes, pass and fit in as a member of your new gender, and more.

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